



WELCOME!



Welcome

The Olympia Figure Skating Committee would like to welcome you as a new member of our club.

If you have not yet received an Olympia Membership Form please contact one of our committee members from the table below who will be more than happy to assist and guide you.

COMMITTEE MEMBERS

<u>Name</u>	<u>Appointment</u>
Pamela Ronald	Chairperson
Fiona Mitchell-Knight	Vice Chair /Secretary
Aileen Miller	Treasurer
Carol Sweeney	Merchandising
Lesley Donaldson	Communications
Lorraine Ronald	Communications
Julie Inglis	Membership
Susan Treanor	Fund raising
Debbie Carlin	Fund raising
Trish Connelly	Fund raising
Elaine Wilkie	Fund raising
Leanne Mullen	Coach Member
Lorraine Allison	Coach
Catherine Dorans	Junior Representatives
Melissa Riach	

As a new member you will have an 'Ice Buddy'. The nominated skaters for this role are Catherine Dorans and Melissa Riach who are the Junior Representatives of the Committee. They will be able to help and advise all new members about most things but if not please speak to any of the Committee Members listed above.

Parents of new members will also be introduced to and welcomed by the appointed members of the committee.

There are a number of areas where you may need help especially if you are new to 'The skating World'. This may include:

- Guidance regarding the process of booking patch Ice sessions which is fully explained in the Ice Etiquette
- Where the Club's notice board is located and what you may expect to see on there.
- Any press releases should always be discussed with your coach, they will be able to advise of appropriate content.
- Supplying a copy of the Ice Etiquette- A copy of this is also available as a download from the Olympia website at www.olympiafsc.co.uk
- Showing you how to find out what competitions there are, what happens at a competition and where to locate the forms should you wish to enter any; and
- Information regarding where to purchase skating equipment etc also please remember that our logo is only used on official merchandise only
- The club has a child protection policy which can be found on the website.

YOUR SKATING MUSIC

Once you have completed the required level of skating your coach will talk to you about having a 'programme' that you will skate to at competitions.

This will require a short piece of music that either you or your coach will suggest and can be edited either by your coach or yourself to the required time (usually 1 min 30secs for beginners).

If you would prefer your coach to do this for you there will be a fee of approx £10 depending on the time spent to achieve the best cut.

HANDY TIPS FOR NEW SKATERS

- Remember to wrap up warmly in thin layers
- You will be moving your body a lot so we recommend that you wear Stretchy Clothes that will allow you to move about freely.
- Some things to remember for your bag may include;
 - ✚ Gloves
 - ✚ Skate Guards
 - ✚ Face towel (to dry blades)
 - ✚ Soakies for your blades when your are finished your skate
 - ✚ Elastoplasts in the event of you getting a blister-Ouch!
 - ✚ Screwdriver (there may be wobbly blades)
 - ✚ Notebook and pen to record your skate and to note anything new that you may have learned
- When on the ice, try use the space you have wisely but you must have an awareness of other skaters and try to avoid accidents by moving out of the way of another skater as quickly as you can, especially when a skater is in a lesson or is performing their programme.
If you are in a lesson or programme other skaters must try to move out your way. Remember that they might not see so you should call out or shout **“Excuse me please”** but **ONLY** if you are in a lesson or programme.
Doing this shows that you are a responsible skater and well mannered!!!

BIRTHDAYS

Birthdays are special to everyone here at the Olympia club. To mark these special occasions we send a Birthday Card to every member at their home address and we also publish it on the Website. If for any reason you do not wish this to be done please speak to any member of the Committee who will make the necessary arrangements.

Likewise if for some reason you do not receive a card etc please also let someone from the Committee know ASAP.

COMPLAINTS

Should you feel it necessary the procedure for making complaints will be explained to you in order for you to follow the correct process.

The Club hopes that you have many happy hours of Skating !!

