

SXC 2009 Series Rules

Rules and Conditions of Race Entry

1 General

The Cross Country Series of races is run under the current rules of the Scottish Cyclists' Union (SCU), these series rules and, where appropriate, the British Cycling (BC) Mountain Bike Regulations.

The Series will consist of 7 events, including the Scottish Championships.

2 Race Entries

All race entries should be filled in on-line at www.entrycentral.com, or sent to the address shown on the entry form, with the appropriate entry fee.

3 Race Categories

Riders must race in their appropriate age categories as set out on the entry forms, or Beginner, Open, or Expert/Elite.

A licence from British Cycling in the appropriate category is required to race in the Elite/Expert category.

Master and Vet riders with proven ability may ride in the Elite/Expert race at the discretion of the SXC Committee, by application one week before the race date. They must possess a valid race licence in their category from British Cycling.

Each event in the Series will include the following categories for male and female competitors –

Youth	Juvenile
Junior	Sport
Expert/Elite	Master
Veteran	Grand Veteran
Super Veteran	Open (2 Laps)
Beginner (1 Lap)	
Primary Schools	

If there are less than 5 entrants in a category, the Race Organisers may combine that category with other categories in the race, but Series Points and Event Medals will still be awarded in respect of the Category entered.

4 Scottish Championships

The Scottish Championship is contested in age groups, with Sport and Elite/Expert given a combined start for that one race of the series, and

Sport riders having the option to complete an extra lap to contest the Champs, once they have finished their race.

To be eligible riders must:

1. Have a current race licence from British Cycling and
2. Have been born in Scotland, have resided in Scotland for at least 3 years, or ride for a Scottish Cycling registered Club or Team, or have a parent who was born in Scotland.

The Championships is run within one of the SXC series races.

5 Race Numbers

Race number boards will be issued at your first event, and should be retained for all further rounds entered. Forgotten, lost or defaced boards will be replaced at a cost of £3 per board. Boards broken during the course of an event will be replaced free of charge from sign-on at the finish of the race.

6 Sign on

Riders are under the jurisdiction of the Commissaire from the time they sign on until the completion of the prize giving.

7 Race times

M & F of Youth, Juvenile, Beginner, Open, M & F Master, Veteran, Grand Vet, Junior and Women's Sport & Elite/Expert at 11 o'clock

Primary Schools shortly after 1 o'clock.

Male Master, Sport and Elite/Expert at 2 o'clock

Riders must sign on no later than 30 mins before the start time for their race.

8 Practice

Riders must sign on before being permitted on the course for practice. Number boards must be displayed and helmets worn during practice, as well as during racing.

The course will be available for practice until 10.30am, and then from 1-1.30pm. Thereafter, any rider reported to be practicing on the course during racing will be disqualified from their own race. ***All practice must be in the race direction.***

Primary competitors will be shown round their course at approximately 1 pm.

9 Overtaking

When overtaking, riders must keep clear of and give due consideration to all other riders, including those from other categories. Competitors being overtaken must not wilfully obstruct the overtaking rider.

10 Retiral from race

If you retire from the race, for any reason, you must report immediately to the nearest marshal and inform the recorder at the finish line at the first reasonable opportunity.

11 No outside assistance

No outside assistance may be received during the race other than the passing up of water bottles in approved feeding zones. Bike changes and wheel changes are not permitted.

12 Series Points

Series points will be awarded for the first 25 finishers

Points will be allocated as follows:

Position	Points
1	35
2	30
3	25
4	23
5	21
6	20
7	19
8	18
9	17
10	16
11	15
12	14
13	13
14	12
15	11
16	10
17	9
18	8
19	7
20	6
21	5
22	4
23	3
24	2
25	1

Series points will be calculated by adding the best 5 points results from the 7 rounds. Riders must enter the final round to count for an overall series result. In the event of a tie, ranking will be based on finishing positions over the Series (most 1st places, most 2nd places, etc) and then, if still tied, on the relative finishing positions in the final round.

A separate points system will operate for the schools competition.